



## **BODY**

### **Spiritual Reality – Incorporeality**

#### **THE INCORPOREAL REALITY OF BODY**

**A great tape to study!** On spiritual body, conditioning. This lesson constitutes a healing treatment. Dwell in the light... non-structural incorporeal universe. Each day is building tomorrow.

#### **THE REAL BODY**

This tape is about gaining a spiritual knowledge of body. There is nothing to fear when you meditate when you have laid down the finite concept of yourself as body, Get used to that wonderful exercise of dying daily to those limitations that are imposed upon us by a physical sense of body. Problems do not exist in the realm of Spirit. Human concepts of body exists only so long as you nourish that human concept.

### **Instrument of God**

#### **DECLARE YOUR FREEDOM IN THE NAME OF ALMIGHTY GOD**

This is an excellent tape on the spiritual nature of body. It begins with a question on spiritual body, moves into discerning the real, and distinguishing channeling and spiritualism from the experience of the presence of God. On making the decision to commit to God; that time when transition comes from law to grace. Declaring your freedom!! Soul is the treasure trove of all talent.

#### **FREEDOM WITHOUT LABELS**

The theme of this tape is the overcoming of this world. It begins with a background on the Infinite Way, and then moves into getting acquainted with the presence of God; directing your gaze to the Infinite Invisible. Spiritual realization is spiritual wholeness. Spiritual birth is not a struggle. The Master is not a mortal, even an illumined mortal, but is the presence of God. Return your body to the Father. The body and mentality is the servant of the Most High. Identify as Being, in union with God, and wipe out human history -- names and labels.

#### **SOUL AND BODY**

**An important tape to study.** Covers protection; law, body and mind. You've got to hew to that mark that the real body is spiritual. God made the body and he made it perfect and he made it spiritual and incorporeal. You've never seen the body. When you meditate on this you prepare yourself to see the spiritual form. Jesus could perform healing because he called no man on earth father, and he accepted his spiritual identity; his spiritual son-ship, and his spiritual body.

### **I Am Not in the Body**

#### **CONSCIOUSNESS AND BODY**

This is a great contemplative meditation on body. Identifying as that which is -- we are unlimited consciousness. My body is my servant. It is under the same government as the sun, moon and stars -- circulation and transformation. One principle is governing every spiritual idea. My body is a spiritual idea. I place it under God's government. The first step in mastery over our thoughts and over our body is -- I am not in the body.

## **KNOW YOUR REAL SELF**

Great on body. Are we body? What is body? There will always be a body. V goes into the difference between consciousness and our material concept of body. Continuity of Life... I am conscious of body -- bodies of trees, of mountains, of flowers, of people: these forms are embodied in my consciousness. The seasons are all under the order of divine consciousness. Withdraw our gaze from the body; this is dying daily.

## **YOU ARE NOT ENTOMBED**

Wonderful on body. I. The unconditioned mind. No concept can hold that "I". Cherish the body. Right perspective on body...

## **Purity**

### **LAW OF I AM**

This tape is on true identity and it is worth studying. It presents the idea of body as analogous to a space suit. V explains in simple terms the concepts of God, the Holy Ghost, and the Christ. Without you, Consciousness, body, has no life, truth or intelligence. Choose the way of I Am; choose infinite life.

### **PRAYER IS THE WAY OF FULFILLMENT**

Much of this tape is on purity. On the steps in healing; steps in world work. It gives examples of giving, of forgiving, of doing what you love creatively, and expressing JOY as Children of God.

## **Working in the Second Degree**

### **EXPAND YOUR AWARENESS**

\*\*\* **Recommended.** Starts with body exercise, but from the standpoint of consciousness; what are you consciously aware of? Circulation, assimilation, respiration and elimination are all evident in the world -- omniscience. Example of universality of respiration... Set everybody free.

### **THE FOUR DIMENSIONS OF SPIRIT**

The importance of contemplation! On true identity... Taking dominion... Consciousness... Awareness... Prayer... Wonderful on who and what to work on in our mentality... If I can see that I am not my body, I can be healed. Specific work must be done! You are the main ingredient in your recipe for life. Instruction on how to see a claim, how to handle the claim, and separate it from a person.

**Virginia Stephenson  
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