



MEDITATION AND PRAYER

The Letter of Truth

THE SANCTUARY OF SOUL

A treatment goes on forever, it never stops. A treatment is not just for one person, it goes out for all. When you live in the consciousness of God, everything that is unlike God disappears. People are now more interested in living in Divine Consciousness, without problems, because Infinite Consciousness has no problems. Keeping the mind focused in the now, and then we are truly alive and whole, because spirit, soul, mind and body are all in alignment. Then we can take no thought for our life.

Understanding the Mind

FUNDAMENTALS OF MEDITATION

This is a good introductory tape. It begins with a meditation, goes through the mind/body exercise, fasting the mind. Gaining dominion over the mind through 10 second and one minute meditations... Facing our conditioning without fear...

Receptivity to the Word of God

MAINTAINING THE ATTITUDE OF PRAYER

In an expansive awareness we feel a tremendous freedom and all restrictions and limitations of the flesh fall away. These only persist as we identify with the body. Power is our identification with God. It's omni-active -- activity of all good. It expresses as our experience the highest that we can accept. Our needs are known and met from the infinity of God's grace. We never have to ask for anything; only for more understanding and more light. Remember God's formations are spiritual, and are translated to meet the needs of the moment.

Inner Communion

MEDITATION -- STEPS ON FOCUSING

This is an excellent tape on meditation for new students and old. If someone says they don't know how to meditate, give them this tape. Contemplating God! Meditation is an ancient art. The Master had to meditate forty days and forty nights. Learn to listen to yourself. Make a firm decision to practice everyday.

Opening Mystical Awareness

ABUNDANCE -- PRAYER OF THE MYSTIC

Wonderful! Opens with questions on the Infinite Way; is it a New Age teaching? No, mystical teaching is ancient. There is only one infinite life appearing as different levels of awareness. Goes into the historical origins of the priest craft, mysticism, the origin of 'lord', and Bible symbolism.

PRAYER IS AN ART FORM

Excellent on prayer and vision. It compares prayer to art. Impersonal love is goal of the Infinite Way. On world work...

Oneness

ALL ONENESS

Beautiful! Love, illumination, alone -- what it is to know yourself. It is feeling our solitary self in meditation; alone with our own uniqueness, and your own being. Love satisfies. Learning about aloneness and knowing how to face it. Endure the solitude of being.

MEDIATION: I AM NOW

The best on the I AM ever recorded. On surrendering matter... The meek are those who refuse to be a mortal. Jesus refused to have a life separate and apart from God -- all that Jesus refused... Jesus was the most humble man who ever walked the globe. The height of ego is to set up a self hood apart from God. The meek say; "God is all." A spiritual treatment never ends. Body is a gentle beam of living love without one material atom. In the height of I am, atomic structure disappears.

True Identity

THE CHARACTERISTICS OF GOD

Wonderful! Meditation on light, life, positive contemplation... Nature of God - - "I". Second half goes into the nature of error. Release God - - release man. "Be ye perfect, even as your Father in heaven is perfect." Release the concept of fallen man. Let's not live the myth; live the principle. If God didn't make it, it doesn't exist.

CONTEMPLATIVE MEDITATION FOR STARTING THE DAY

One of the best contemplative meditation tapes ever!! This is a great tape for practical spiritual living -- dominion and divine assumption. Starts out on mind... Standing behind the mind... I... I and the Father are one. Establishing true identity... Know the truth consciously. Admit to yourself that I am complete in Him. This admission sets you free to plum the depths of consciousness and bring forth the hidden splendor of your Christ-like being. Divine assumption is to assume your birthright. Right identification... Be ye perfect; this is our starting point. Identify with the reality of your being.

Infinity is the Measure

THE INNER KINGDOM REVEALED

Great on revealing the inner kingdom. What it is like. Developing spiritual sense... There is a silence within that is so vast -- with spiritual sense we discern this great silence in consciousness. Out of this vast silence there is this creative impulse. V gives a technique in meditation; watching the breath.

MEDITATION ON THE RESURRECTION

This is a really fantastic tape! Excellent beginning on limitless being... It's a great tape for someone who really wants to experience the infinity of being -- a really exceptional meditation. Authentic. The original, dynamic, vital reality -- let it also quicken your mortal bodies. The authentic vital reality, this is God's work. It is this authentic, dynamic reality that we call the Christ (best description of the Christ that I have ever heard). This can never be entombed in a word or thought or idea. It is all presence. Bringing out again the idea of the image and likeness -- there is a different delineation of this; a unique idea on this. I will be satisfied when I awake in thy likeness. Being an authentic likeness

**Virginia Stephenson
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